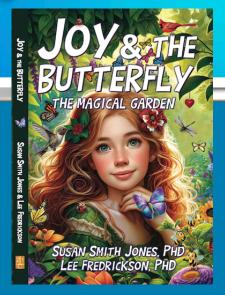
MEDIA INFO

## Joy & the Butterfly The Magical Garden

by Susan Smith Jones \* Art by Lee Fredrickson





This enchanting story is about hope, opportunity, courage and loving kindness & how to celebrate the magic of ordinary days & appreciate life's simple pleasures. We learn that fantasy can become reality if we believe!

## YOU'LL DISCOVER WITH JOY...

- ★ Ways to know your personal angels
- The power of gratitude and kindness
- ╆ Secrets to optimize health & fitness
- 🛨 How to be serene and positive
- The art of building hope and faith
- 🛨 How to be a magnet for blessings
- 🛨 Simple ways to bolster confidence,
- optimism & enthusiasm
- 🕁 An inspiring secret revealed that will knock your socks off!

This captivating book will help keep your inner child alive & thriving well into your senior years!

Available on Amazon, in bookstores & at JoyAndTheButterfly.com

## Susan Smith Jones, PhD

Holistic health & lifestyle consultant, frequent talk show guest on radio/TV and podcasts and author of many books on healthy living, such as **UPLIFTED**,

**A HUG IN A MUG**, and faith-based WIRED FOR HIGH-LEVEL WELLNESS

SusanSmithIones.com

An Enchanting Book for Children, Teachers & the Young at Heart...at Any Age

faith that the impossible is possible, which happens when we open our hearts to God's blessings." ~ Book Excerpt

While exploring her family's farmland with her horse, Champ, tenyear-old Joy, who recently moved to the countryside with her parents to escape the hustle and bustle of city life, rescues a caterpillar from harm. This act of kindness leads her into an extraordinary bond with a dazzling butterfly that later in the story emerges from its chrysalis.

Joy embarks on countless delightful adventures alongside the butterfly, her siblings, parents, beloved pets, schoolteacher, principal, friends, all while discovering valuable life lessons along the way.

Most importantly, Joy learns that each day presents us with a blessed opportunity to learn, grow, live more fully, and optimize our well-being and happiness—provided we pay attention to the whisperings of our hearts. You will discover that each day comes to us bearing precious gifts and opportunities from God. We simply need to untie the ribbons! What are you waiting for?

Near the end of the book, Joy discovers something wonderfully glorious, and she asks you to keep it a secret and not to tell anyone who hasn't read the book yet. **Hint:** It will totally enthrall you!

A magical butterfly, in **Joy &** the Butterfly, acting as Joy's bestie, embarks on adventures that teach many valuable life lessons. Through the magic of talking animals and insects, readers will be introduced to a world filled with nature's wisdom, the joy of helping others, and the value of counting our blessings daily.

Destined to be a timeless classic, this book highlights the importance of healthy family interactions, sharing feelings, time in nature, prayer, focusing on gratitude, being kind to yourself and others, being your own hero, getting stronger through struggle, living by the Golden Rule, and more!

While reading skills vary, children ages seven and up can read independently or aloud to others; children ages five to seven can read alongside an adult, while children two to five can be read to. Those under three can look at the riveting illustrations while the adult points out images of interest and tells the story.

In other words, this book will work for the young ones who can't read yet, for those children who are gifted at reading, and even for the young-at-heart any adult who wants to be inspired by uplifting storylines. This book is for everyone!

At the end, there are **100+** Fun Study Questions & **Inquiries for Adults** (& teachers) to help engage everyone fully and to learn all kinds of essential life skills.

Interview Availability: L.A./CA, USA & Worldwide via **Telephone/Virtual** ★ Contact: 1.417.380.9662 or Email: <u>LeeSSJMedia@gmail.com</u>

Sample Interviews & More Book Info on Susan's Website